## What families need to know about NARCAN® Nasal Spray

The following information is intended for loved ones of those struggling with opioid use. Please visit narcan.com for more information or ask your Face It TOGETHER coach for additional resources.

## What is NARCAN?

- NARCAN Nasal Spray is a prescription medicine used for the treatment of a known or suspected opioid overdose emergency with signs of breathing problems and severe sleepiness or not being able to respond.
  - Opiates: Heroin, Fentanyl, OxyContin, Vicodin, Codeine, Morphine, Methadone,
    Percocet, Tramadol, Dilaudid
- NARCAN Nasal Spray is to be given right away and does not take the place of emergency medical care. Get emergency medical help right away after giving the first dose, even if the person wakes up.
- NARCAN Nasal Spray is safe and effective in children for known or suspected opioid overdose.

## What should know about NARCAN Nasal Spray?

- NARCAN Nasal Spray is used to temporarily reverse the effects of opioid medicines. The medicine in NARCAN Nasal Spray has no effect in people who are not taking opioid medicines. Always carry NARCAN Nasal Spray with you in case of an opioid overdose.
- 2. Use NARCAN Nasal Spray right away if you or your caregiver think signs or symptoms of an opioid overdose are present, even if you are not sure, because an opioid overdose can cause severe injury or death. Signs and symptoms of an opioid overdose may include:
  - Unusual sleepiness and you are not able to awaken the person with a loud voice or by rubbing firmly on the middle of their chest (sternum).
  - Breathing problems including slow or shallow breathing in someone difficult to awaken or who looks like they are not breathing.
  - The black circle in the center of the colored part of the eye (pupil) is very small, sometimes called "pinpoint pupils," in someone who is difficult to awaken.
- Family members, caregivers or others who may have to use NARCAN Nasal Spray in an opioid overdose should know where it's stored and how to use it before an opioid overdose happens.



- Get emergency medical help right away after giving the first dose of NARCAN Nasal Spray. Rescue breathing or CPR (cardiopulmonary resuscitation) may be given while waiting for emergency medical help.
- 5. The signs and symptoms of an opioid overdose can return after NARCAN Nasal Spray is given. If this happens, give another dose after two to three minutes using a new NARCAN Nasal Spray device and watch the person closely until emergency help is received.

\*\* Print the following page and take to a pharmacy near you to see if they can give you a prescription of NARCAN to keep in the home. NARCAN is covered under most insurance plans.



## For more on how to administer NARCAN, watch this video: youtu.be/tGdUFMrCRh4

Source: <u>narcan.com</u>



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